

Activity ≈ Work Unit ≈ Work Package

An activity is an elementary action that:

- consumes **time**
- consumes **resources**
- has a **start** and a **finish** dates
- is assignable to **one person**
- produces **deliverable(s)**
- is **measurable** (to assess its progress)

Activity ≠ Deliverable

To avoid confusion, clever professional practices and several textbooks suggest to label activities as follow:

Action verb (infinitive tense) + Substantive